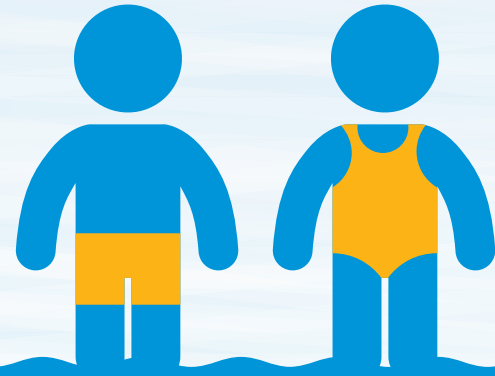


# Pool Safety Facts

for Parents and Kids



## Did you know?



**Drowning is silent.** There can be very little splashing, waving or screaming.



**Watching your child in the water is your responsibility.** A lifeguard's job is to enforce rules, scan, rescue and resuscitate.

**Drowning is quick.** Once a child begins to struggle, you may have less than a minute to react.



**Swim lessons are essential, but skill level varies.** Many children who drowned in pools reportedly knew how to swim.



## Make sure kids learn how to swim and develop these 5 water survival skills.



**1** Step or jump into water over his/her head and return to the surface.



**2** Float or tread water for one minute.



**3** Turn around in a full circle and find an exit from the water.



**4** Swim 25 yards to the exit.



**5** Exit from the water without using the ladder.

Watch your kids when they are in and around water, without distraction.

