

To view this email as a web page, click [here](#).



What you need to know about the new COVID-19 vaccine.



Michael,

As part of our commitment to keeping you up to date on everything COVID-19, we're here with an exciting update:

The FDA just granted an emergency use authorization for the new Johnson & Johnson vaccine.

This means as many as 100 million vaccines will be added to the total U.S. supply by June — a significant step in speeding up vaccine access for all of us.

Here's what you need to know right now.

About the vaccine:

- **How is this vaccine different?**

The Johnson & Johnson vaccine only requires one dose, and doesn't have the same cold storage and distribution constraints as the vaccines made by Pfizer and Moderna.

- **Is the one-dose vaccine effective?**

All three vaccines are reported to be equally effective at preventing hospitalization and death related to COVID-19. The Johnson & Johnson vaccine is 72% effective against moderate to severe infection in the U.S., and 85% effective against serious symptoms. This level of protection was demonstrated at 28 days after vaccination.

- **Are there side effects?**

Initial safety information states that the most common reactions include injection site pain, fatigue, headache, and muscle aches.

About eligibility:

- **Who is eligible for this vaccine?**

The CDC recommends the Johnson & Johnson vaccine for individuals aged 18 or older. Along with Pfizer and Moderna, distribution is managed by each state and is currently prioritized for health care workers, those aged 65 and up, and those with high-risk medical conditions. There are no updates on other specific groups for the vaccine yet.

- **Will I be able to choose which type of vaccine I get?**

It's possible but unlikely, as most vaccination sites will carry only one type of the vaccine.

Questions about vaccine safety, other COVID-19 vaccines, or how they work?

[TAKE A LOOK AT OUR FAQs](#)

Fifth Avenue Place, 120 Fifth Ave., Pittsburgh, PA 15222

[Unsubscribe](#) | [Privacy Policy](#) | [Non-Discrimination Policy](#)

Health benefits or health benefit administration may be provided by or through Highmark Blue Cross Blue Shield, Highmark Choice Company, Highmark Health Insurance Company, Highmark Coverage Advantage, Highmark Benefits Group, First Priority Health, First Priority Life or Highmark Senior Health Company, all of which are independent licensees of the Blue Cross Blue Shield Association.

Highmark Choice Company and Highmark Senior Health Company are Medicare Advantage plans with a Medicare contract. Enrollment in Highmark Choice Company and Highmark Senior Health Company depends on contract renewal.

The Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

| Español | 中文 | Français | Deutsch | العربية | Tiếng Việt | 한국어 | 日本語 | Tagalong
| Italiano | Pennsilfaanisch Deitsch | ไทย | नेपाली | فارسی | Русский | اردو | Kreyòl Ayisyen |
Português | Polski | हिंदी | ગુજરાતી

请注意：如果您说中文，可向您提供免费语言协助服务。

请拨打您的身份证背面的号码（TTY：711）。