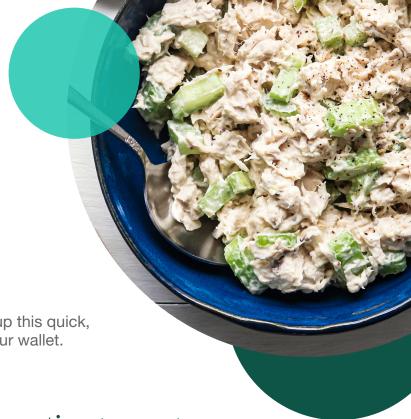
## **O** sharecare

# 3-Ingredient Rotisserie Chicken Salad

Put a twist on the classic chicken salad! Whip up this quick, no-stress recipe that won't put a damper on your wallet.



## Ingredients

- 2 cups chopped rotisserie chicken
- ¾ cup chopped celery
- ½ cup lemon-herb-flavored mayonnaise
- Cracked black pepper

## Preparation (serves 4)

- Combine chicken and celery into a medium bowl.
- 2. Add in mayonnaise and mix to combine.
- 3. Season with pepper and serve with your favorite whole grain cracker.

#### Nutrition (per serving)

Calories: 230 | Fat: 16g | Protein: 21g |

Carbohydrates: 1g | Chol: 72mg | Sodium: 365g

#### Looking for more tips to maintain a healthy lifestyle?

- 1) Log in to your Sharecare account or register at mycare.sharecare.com.
- Discover tools and resources that can help you improve nutrition, reduce your stress, and live a healthier life

